

FRANK IERO and the PATIENCE

**TO RELEASE NEW ALBUM 'PARACHUTES'
OCTOBER 28TH 2016 VIA BMG**

STREAM "I'M A MESS" NOW

FULL US TOUR KICKS OFF OCTOBER 28TH IN NEW JERSEY



FRANK IERO and the PATIENCE are set to release their second album 'Parachutes' on October 28th via BMG. The record was produced by the legendary team that is Ross Robinson & Steve Evetts in California earlier this year. "It's a team that had been on my mind for a while. I heard stories about Ross that scared me to death... but honestly nothing could have prepared me for the reality of what it is like to work with him" says singer Frank Iero. "It was the most heartbreaking yet uplifting, depleting yet inspiring experience I have ever had. I found out things about myself and the songs I was writing that changed me forever. I am so proud of this record, it really took everything I had, and I know I could not have made it with anyone else."

The album is available for preorder at <http://smarturl.it/ParachutesAR>.

As with any new album, the band has a chance to grow and evolve into something else, to challenge all perceptions and become a new version of what it once was, and as such comes a name change- FRANK IERO and the PATIENCE. "When I first started this journey I brought a band along that filled in the gaps of what I lacked. I was uncomfortable in my position so I brought a celebration or a collaboration to distract from my awkwardness. Now in my life I need to learn how to slow down and love where I am. I need the patience to appreciate the now." says Frank Iero.

FRANK IERO and the PATIENCE are excited to take this record to the US fans via an extensive tour, kicking off on October 28th in Sayreville, New Jersey. The US tour runs through November 27th and includes a November 9th stop in Los Angeles at the Troubadour. The full dates are included below.

Listen to lead single "I'm A Mess" here: <http://smarturl.it/ImAMess>

A message from Frank Iero

"Parachutes are life saving devices. We rely on them to bring us back from the brink of death. Whether we fall or jump they are the only things keeping us alive. Such as with life, we are all just falling or plunging to an eventual end, but the love of my family and my ability to create art and music has always been my parachute.

The act of living can be random and strange, beautiful and ugly at the same time and the only thing that is undeniably certain is eventually we are all gonna hit the ground. Some of us plummet at an incredible rate and it's over in a flash, but some of us get saved and are able to enjoy the view for a little while....

This album is one of my parachutes. xo frnk."

Frank Iero and Evan Nestor will play a very special acoustic show at All Saints Church in Kingston, UK later this week on Saturday 10th September which will be followed by a fan Q&A hosted by Matt Stocks.

- Sept 9th - Paris - Bear and Racoons, w/ Sonic Vinyl (Acoustic session / Signing / M&G)
- Sept 10th - London - All Saints Church, w/ Banquet Records (Acoustic session / Q&A / Signing / M&G)
- Sept 11th - Amsterdam - Concerto (Acoustic session / Q&A / Signing / M&G)
- Sept 12th - Berlin - Ramones Museum, w/TBC (Acoustic session / Signing / M&G)

US Tour:

- Oct 28th – Sayreville, NJ – Starland Ballroom
- Oct 29th – Baltimore, MD – Baltimore Soundstage
- Oct 30 – Philadelphia, PA – The Foundry @ The Fillmore Philadelphia
- Nov 2 – Atlanta, GA – The Masquerade
- Nov 3 – Little Rock, AR – Metroplex
- Nov 4 – Dallas, TX – Gas Monkey Bar N’ Gril
- Nov 6 – Phoenix, AZ – The Crescent Ballroom
- Nov 7 – Anaheim, CA – Chain Reaction
- Nov 9 – West Hollywood, CA – Troubadour
- Nov 10 – San Francisco, CA – Social Hall SF
- Nov 11 – Eugene, OR – W.O.W. Hall
- Nov 12 – Portland, OR – Wonder Ballroom
- Nov 13 – Seattle, WA – The Crocodile
- Nov 15 – Salt Lake City, UT – Kilby Court
- Nov 16 – Denver, CO – Marquis Theatre
- Nov 18 – Columbia, MO – The Blue Note
- Nov 20 – Detroit, MI – The Shelter
- Nov 21 – Grand Rapids, MI – The Intersection
- Nov 22 – Cleveland, OH – The Agora Ballroom
- Nov 23 – Pittsburgh, PA – Stage AE
- Nov 25 – Cambridge, MA – The Sinclair
- Nov 26 – New York, NY – Bowery Ballroom
- Nov 27 – Hamden, CT – The Ballroom at the Outdoor Stage

Full tracklisting and artwork below:

1. World Destroyer

2. Veins! Veins!! Veins!!!
3. I'm A Mess
4. They Wanted Darkness...
5. I'll Let You Down
6. Remedy
7. Dear Percocet, I Don't Think We Should See Each Other Anymore.
8. Miss Me
9. Oceans
10. The Resurrectionist, or An Existential Crisis in C#
11. Viva Indifference
12. 9-6-15

FRANK IERO and the PATIENCE is:

Guitar.Vocals:	Frank Iero
Guitar.Vocals:	Evan Nestor
Drums.Vocals:	Matt Olsson
Bass:	Alex Grippio